# **Mother Son Weekend**

## **Camp Shamineau**

Moms, this is your chance to enjoy an activity filled weekend getaway with your son(s) in the beauty of the north woods! Whether you are on the ropes course, out on a trail ride through the woods, working on a craft or just spending time around the campfire making donuts, this Mom/Son time will make memories for years to come!

## **Frequently Asked Questions:**

### 1. What kind of activities will be available for the weekend?

We offer a variety of activities over the weekend and you can pick and choose which ones you would want to be part of. Some of your options are:

- Horse Trail Rides (no charge, but sign up for these with your registration to save a spot)
- Leather Shop
- Campfire Doughnuts
- Gift/Snack Shop
- High Ropes Course
- Nature Center
- Rifle Range/BB Gun Range
- Crafts
- Open Gym including Climbing Wall, Bouncy Castle, Basketball, Dodgeball, Volleyball, Crate Stacking

# The cost for these activities is included in your registration fee. You might want to bring some extra cash for snacks in the gift shop.

### 2. What time is check in? When are we done on Sunday?

Check in is at 6:30 pm on Friday night and you will be done after chapel around noon on Sunday. There is no lunch served on Sunday.

## 3. What are the sleeping arrangements? Will I be housed with people I don't know?

Moms and Sons ARE NOT housed together in the same room, but moms will be housed in a room/cabin right next to their sons's room/cabin. Sons will be housed with other boys their own age, unless they are part of a large group and request to be housed together with the boys in the group. Younger boys will be in a room with one of our staff as a counselor.

We have a variety of buildings that house our guests. Our Retreat Centers have sleeping rooms that each typically have 3 sets of bunks in them. The bathrooms are a short walk down the hallway. Our cabins have 6 sets of bunks with the bathrooms located in a building just a short walk away from the cabin. Younger boys will typically be housed in buildings with bathrooms right down the hallway from their room.

If you are coming with a group of moms and sons, you will be housed together, and you would know the others in your cabin or room. If you are coming with just 1 or 2 friends or coming by yourself, you will be housed with other moms and sons.

#### 4. Are you able to accommodate food allergies?

Our food service is used to working with guests with food allergies and special diets. Gluten free options and dairy free options are offered at each meal. For more specific food issues, it would be best to call camp and speak with our Food Service Director and she can go over the weekend menus to help with your planning. Email foodservice@shamineau.org.

#### 5. What do I need to pack?

If you think you need additional items, bring them!

- Pillow and sleeping bag or bedding for a twin size bed
- Bible
- Towel and toiletries
- Flashlight
- Warm Clothes (Casual and suitable for the season.)
- Tennis shoes
- Boots if weather indicates
- . If you are planning on a trail ride, bring hard soled shoes (like athletic shoes) or boots

#### 6. What is a typical schedule for the weekend? (Schedule subject to minor changes)

#### **Friday**

6:30 PM Check in 7:00 PM Activity in the gym 8:30 PM Chapel 10:00 PM Open gym

#### **Saturday**

Saturday	
8:00 AM	Breakfast
9:00 AM	Devotions
10:00 AM – 5:00 P	M Open Recreation
12:00 PM	Lunch
5:00 PM	Supper
6:30 PM	Chapel
8:00 PM	Evening Extravaganza!
<u>Sunday</u>	
8:00 AM	Brunch
9:00 AM	Open Recreation
10:30 AM	Closing Chapel

Head for home

# DIRECTIONS- 2345 Ridge Rd, Motley, MN

12:00 PM

We are located in the center of Minnesota, midway between the Twin Cities, Fargo, and Duluth. Travel time is approximately 2½ hours from each city. Shamineau is located 28 miles north of Little Falls or 5 miles south of Motley on Hwy. 10. Watch for the brown "Camp Shamineau" sign and the green "Ridge Road" sign at mile marker #120 on Hwy. 10. Proceed 1 1/2 miles east of Hwy 10 on Ridge Road. You will see our Camp Shamineau sign on the right.

#### Any questions? Call us at 218-575-2240 or email shamineau@shamineau.org